

Annual Training Calendar 2026

STOTT Pilates Netherlands

All courses, modules, and workshops in 2026 and 2027, listed chronologically by start date.

Intensive Courses Advanced / Other CEC Workshops

Intensive Reformer	
January	9th, 10th, 23rd & 24th
March	6th, 7th, 27th & 28th
April	17th & 18th
Anatomy Module	
February	27th & 28th
CEC Workshop — Prenatal on the Reformer	
	March 5th
CEC Workshop — Prenatal Matwerk with Stability Ball & Flex-Band	
	March 5th
CEC Workshop — Athletic Conditioning on the Reformer, Level 2	
	March 29th
CEC Workshop — Athletic Conditioning on Stability Cushion™	
	March 29th
CEC Workshop — Post-Natal Pilates	
	April 16th
Intensive Cadillac	
May	15th & 16th
Master Mentor Midday — Mat	
	May 23rd

Intensive Cadillac

May

28th, 29th & 30th

Intensive Mat-Plus

May

29th & 30th

June

26th & 27th

July

10th, 11th, 24th & 25th

Intensive Stability Chair

June

18th, 19th & 20th

**CEC Workshop — STOTT Pilates Professional Development:
Programming Protocols for Breast Cancer**

June 21st

**CEC Workshop — Athletic Conditioning: Performance
Enhancing Progressions and Sequences**

June 21st

Fascial Movement Foundation Course

June

25th to 28th

Intensive Reformer

June

19th & 20th

July

9th, 10th & 11th

September

5th & 6th

October

8th, 9th & 10th

Anatomy Module

July

3rd & 4th

Master Mentor Midday — Reformer

July 4th

Anatomy Module

September

11th & 12th

Intensive Mat-Plus

September	18th & 19th
October	9th & 10th
November	13th & 14th
December	11th & 12th

Advanced Cadillac

October 16th

Advanced Stability Chair

October 17th

Advanced Barrels

October 17th

Intensive Reformer

October	30th & 31st
November	26th, 27th & 28th
December	11th & 12th
January 2027	8th, 9th & 30th

Anatomy Module

October 30th & 31st

Advanced Reformer

November 13th, 14th & 15th

Injury & Special Populations

November 26th, 27th, 28th & 29th

Advanced Mat

November 28th

Annual Training Calendar 2027

Intensive Mat-Plus

January	8th & 9th
February	5th & 6th
March	5th & 6th
April	2nd & 3rd

Intensive Reformer

January	22nd & 23rd
February	4th, 5th & 6th
March	19th & 20th
April	8th, 9th & 10th

Intensive Stability Chair

March	18th, 19th & 20th
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Advanced Mat

April 10th

Intensive Mat-Plus

May	14th & 15th
June	11th, 12th, 25th & 26th
July	9th & 10th

Intensive Reformer

May	21st & 22nd
June	18th & 19th
July	2nd & 3rd
September	2nd, 3rd, 4th & 17th

Intensive Barrels

June

24th & 25th